

HEALTH HISTORY FORM

Your Health History Form needs to be updated yearly, and every time you have a new problem.

Today's date: _____ Which physician are you seeing today? _____

Patient name: _____ **DOB:** _____ **Age:** _____

Primary care doctor: _____ **Who referred you?** _____

Reason for this appointment: _____

Have you had x-rays taken? Yes No If yes, where \ when? _____

Did you bring x-rays with you? Yes No Are you right/left handed? Right Left

When did your orthopedic problem start? _____

Brief history of your orthopedic problem: _____

Pain Scale: circle the appropriate number	0	1	2	3	4	5	6	7	8	9	10
	None		Mild			Moderate		Severe			Worst

Occupation: _____ Is this a worker's compensation injury? Yes No

Were you at work when this injury occurred? Yes No Have you reported this injury to your employer? Yes No

Is there a lawsuit pending with this problem? Yes No Was this due to a motor vehicle accident? Yes No

Sports \ leisure activities: _____

Previous surgeries: _____

List all medications and dose: _____

Allergies to medications: _____

Are you: Single Married Separated Divorced Widow Widower Who do you live with? _____

Do you have children? Yes No If so, How many? _____ Ages? _____

Do you smoke? Yes No If so, How many packs per day? _____ For how many years? _____

Do you drink alcohol? Yes No If so, How many drinks per day? _____

Height: _____ Weight: _____

Medical Problems: (please circle all that apply)

Heart attack Heart disease Atrial fibrillation Cancer --Type: _____ Stroke

Thyroid condition Diabetes Stomach ulcers Kidney problems Liver problems

Emphysema\COPD Aneurysm Anemia High blood pressure Blood clots

Medical history of your parents and/or siblings: please circle all that apply

Adopted Heart disease High blood pressure Blood Clots

Stroke Arthritis Cancer--Type: _____

System Review: (please circle all that apply)

General: Fever Chills Runny nose Weight loss Weight gain

Nervous System: Headache Stroke Memory loss Seizure Fainting Dizziness Numbness

Hearing: Hearing loss Ringing in the ears Hearing aid

Vision: Glasses Contact lenses Cataracts Glaucoma Double vision Retina problems

Heart: Chest pain Palpitations

Lungs: Shortness of breath Cough Asthma Pneumonia

Digestive: Heartburn Reflux Nausea Vomiting Gastritis Diarrhea Constipation Colitis

Liver: Hepatitis Cirrhosis Gallstones

Urinary System: Trouble urinating Burning Frequency Infections Incontinence Kidney stones

Circulation: Bleeding problems Leg ulcers Peripheral vascular disease Phlebitis

Musculoskeletal: Gout Fibromyalgia Osteoporosis Rheumatoid arthritis

Skin: Rashes Skin cancer Psoriasis Infections

Allergies: Iodine Latex Shellfish Metal intolerance

Mental Health: Depression Anxiety Mood swings Panic attacks